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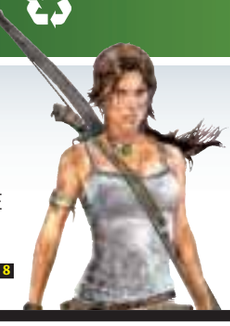
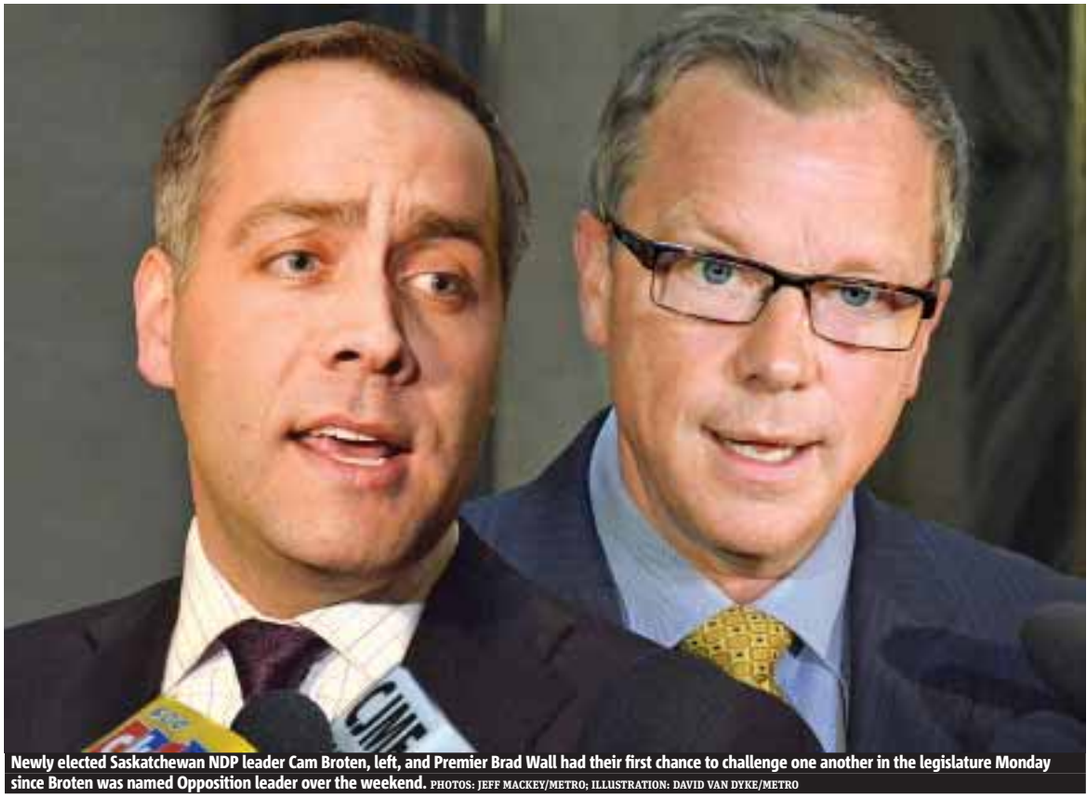
TOMB RAIDER REBOOT: BOOM OR BUST?

LARA CROFT GETS A WHOLE NEW LOOK, WITH A MORE ATHLETIC PHYSIQUE — AND SMALLER BRA SIZE PAGE 8



Sounding off on policy, mistakes



Newly elected Saskatchewan NDP leader Cam Broten, left, and Premier Brad Wall had their first chance to challenge one another in the legislature Monday since Broten was named Opposition leader over the weekend. PHOTOS: JEFF MACKEY/METRO; ILLUSTRATION: DAVID VAN DYKE/METRO

Wall, Broten go head to head. New NDP leader takes aim at government's track record on budget cuts in legislature debate

Premier Brad Wall and NDP Leader Cam Broten have faced off in the legislature for the first time since Broten won the party's leadership over the weekend.

Broten kicked off question period Monday by attacking the government's track record on budget cuts, including the elimination of the aboriginal employment development program.

"If we want success for everyone in this province, it means extending opportunity to more and more people," Broten said.

"My question to the premier — does he recognize that it was a mistake to cut the aboriginal employment development program, and if he recognizes that it was a mistake, if he is about admitting mistakes, will he fix this in the upcoming budget?"

Wall fired back by trying to link Broten to former NDP leader Dwain Lingenfelter and the party's 2011 provincial election campaign platform, especially the contentious idea of resource revenue sharing with aboriginal groups.

"These are his policies, they're Mr. Lingenfelter's policies. If he's changed them now or changed them as a result of his campaign, he should say so," Wall said.

The premier noted that the Saskatchewan Party made a mistake in the 2003 election campaign when it talked about privatizing Crown corporations.

After losing the 2003 election to the NDP, Wall said the party started from scratch on a massive policy review.

"You know, we haven't heard that — with the greatest of respect to the new leader who I do think is a good guy and will serve their party well — we haven't heard that from him or from the interim leader," Wall said.

The NDP was left with just nine of the 58 seats in the legislature after the 2011 provincial election.

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Charges laid in 2nd homicide of 2013 after body found Sunday

Alleged second-degree murder. Victim discovered by police following call about assault

ROSS ROMANIUK
ross.romaniuk@metronews.ca

A male suspect is charged with second-degree murder in the death of a man, as well as two counts of attempted murder, in central Regina on Sunday.

City police laid the charges on Sunday night in Regina's second homicide of the year, following the discovery of Rodney Dale Sanheim's body that morning at an apartment on the 2900-block of Victoria Avenue.

Officers initially went to the three-storey, multi-suite house to respond to a call about an assault with a weapon. After finding the body of Sanheim, 57, a tenant at the house, police described the death only as "suspicious" and took a man into custody.

Ronald James Ozipko, 43, appeared in provincial court in Regina to face the charges on Monday. Ozipko is also charged with breaching probation. His case was adjourned until March 20.

Police took a 44-year-old man to hospital for treatment on Sunday in the same incident. He was released from hospital later on Sunday. As well, officers found a 66-year-old man uninjured.

Police spokeswoman Elizabeth Popowich did not specify the kind of weapon suspected to have been used, or divulge the nature of the victim's injuries.

"Now that the charges have been laid and it's going to court," Popowich said on Monday, "it's not really ours to talk about anymore."

Police continued to investigate on Monday at the house on Victoria Avenue, just west of Retallack Street, while three cruisers were parked outside and the property remained taped off.

Police cars sit outside a central Regina residence on Monday as an investigation continues into a suspected homicide there. ROSS ROMANIUK/METRO

Potential for flooding high this spring

A higher than normal snowpack means people in southern Saskatchewan may need to keep rubber boots and, in some cases, sandbags handy this spring.

The Water Security Agency is calling for above normal or well above normal spring runoff in almost all of the southern half of the province — and it could be worse for some areas. The agency's March forecast calls for very high runoff in areas between Indian Head and Moose Jaw, including Regina, and between Saskatoon and Prince Albert.

"Everyone in Saskatchewan should be concerned," Ken Cheveldayoff, minister responsible for the agency, said Monday.

"We should look back at what happened in 2011 and we should learn from those lessons."

There was widespread flooding in southern Saskatchewan in 2011, but the southeast was hardest hit.

The causes behind the high flow and flooding in the region that year started in the summer of 2010 with wet conditions on the Prairies. Precipitation was 200 per cent above normal immediately upstream of Lake Diefenbaker. More rain that fall led to soil that was at or near saturation at freeze-up, which meant the ground couldn't absorb the subsequent spring runoff.

Mountain snowpacks were also higher than average by spring 2011.

John Fahlman, director of hydrology and groundwater services with the Water Security Agency, said there are three factors to consider this year: the fall soil condition, the amount of snow and how fast it melts.

There were relatively dry conditions going into winter, which means the ground can absorb more water.

But snowfall is a big issue.

A precipitation map shows that a wide area circling Regina and Moose Jaw, and a smaller area around Saskatoon, had two and a half times more snow than normal between Nov. 1 and March 10. The rest of southern Saskatchewan had one and a half times to twice as much snowfall than average.

"The potential for flooding this year is, although it's still high, it's a lot less than it was in 2011," he said. "Regina was in the very high in 2011 also. We're expecting similar things in Regina as it was in 2011, but they're well prepared."

Cheveldayoff said roughly 580 flood protection projects, such as clearing drainage channels, have been undertaken by communities over the last couple of years, so that should mitigate the risk.

THE CANADIAN PRESS

Immigrant Access Fund

Program giving training, loans to skilled immigrants a success in first year

A program giving new Canadians loans and training to work in their professional field has been able to help 70 people from 21 different countries within the past year.

The provincial program, Immigrant Access Fund (IAF), gives money to skilled workers entering Saskatchewan who need help securing loans so they can bring their expert skill set to Saskatchewan.

"It's refuelling the supply of talent for Saskatchewan to grow ... It's trying to get the skilled immigrant back to what they did before at the level they came here with," Dr. Hieu Van Ngo, who studies the effects skilled immigrants have on socioeconomics at the University of Calgary.

IAF started in Saskatchewan in February 2012 and was replicated after the provincial IAF program in Alberta. Other provinces across Canada have similar loan programs under the federal Foreign Credential Recognition Program.

For IAF, the loan recipient must be a nominee under the Saskatchewan Immigrant Nominee Program who has worked in a similar field in their native country.

The loan is to be used for short-term training, exam fees, qualification assessments and other related assessments.

"So if they were a pharmacist in their home country, they want to be a pharmacist now, this is a program for them. If they were a nurse or truck driving, and want to do it in Canada, this is a program for them," said Van Ngo.

Within the program's first year, more than $440,000 was given to 70 recipients in more than 10 different occupations.

ALYSSA MCDONALD/METRO

Shooting death. Oscar Pistorius in mourning, but not suicidal: Family

Olympic athlete Oscar Pistorius, charged with the Valentine's Day murder of his girlfriend, is not suicidal, his family announced Monday.

Pistorius "is in deep mourning but despite the tragic circumstances he is certainly not suicidal," said a statement issued by Pistorius' uncle, Arnold Pistorius. He said Pistorius has support from his family.

The family's denial comes after reports that Pistorius was distraught and contemplating taking his life. Reports also said that Pistorius is facing financial ruin over the upcoming murder trial. THE ASSOCIATED PRESS

Oscar Pistorius THE ASSOCIATED PRESS FILE

Safety concerns

Mexican paper to stop covering drug cartel-related news

A newspaper in the northern Mexico border state of Coahuila announced Monday it will no longer cover information related to drug cartels, citing safety concerns.

The newspaper Zocalo publishes in the Coahuila state capital, Saltillo.

In a front-page editorial posted on its website, the newspaper said the decision "is based on our responsibility to watch out for the safety and security of over 1,000 workers, their families and our own." THE ASSOCIATED PRESS

Death of gang-rape suspect sparks criticism of India jail

The mother of Ram Singh, the man accused of driving the bus on which a 23-year-old student was gang raped in December, cries as she speaks to journalists in New Delhi Monday. Indian police confirmed that Singh committed suicide in jail, but his lawyer and family allege he was killed. MANISH SWARUP/THE ASSOCIATED PRESS

Alleged suicide.
Lawyer claims his client was under 'no mental stress' at the time

Whether he was killed or committed suicide, the jailhouse death Monday of a man on trial for the gang rape and fatal beating of a woman on a New Delhi bus has triggered shock at the enormous security failure at one of India's best-known prisons.

Authorities said Ram Singh, who was accused of driving the bus during the December attack, was in a cell with three other inmates at Tihar Jail in New Delhi when he hanged himself, either with his own clothes or a bedsheet, at about 5:30 a.m.

"This is suicide," Home Minister Sushilkumar Shinde said. But Singh's family and lawyer alleged foul play.

"There were no circumstances which could have led to Ram Singh committing suicide. There was no mental stress. He was very happy (about the trial's course)," his lawyer V.K. Anand said.

Singh, 33, had been among five defendants facing the death penalty if convicted of the rape attack, which horrified Indians and set off national protests. A sixth accused is being tried and jailed separately because he is a juvenile.

Singh's death in custody raised further questions about a criminal justice system already under attack for failing to protect the nation's women. THE ASSOCIATED PRESS

Prison deaths

In 2011, 68 inmates in India killed themselves and another eight were killed by fellow inmates, according to India's National Crime Records Bureau.

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CANADA'S ECONOMIC ACTION PLAN

Canada

Lawyers want closed Magnotta hearing

Accused of murder and dismembering. Counsel says letting public stay may prevent a fair trial

Daran Lin, father of murder victim Jun Lin, leaves court in Montreal on Monday. RYAN REMIORZ/THE CANADIAN PRESS

Lawyers for the man accused of murdering a Chinese student and dismembering his body want the media and public barred from his preliminary hearing.

The evidence presented Monday supporting the motion by lawyers for Luka Rocco Magnotta is subject to a publication ban.

Magnotta's legal team, led by Toronto-based lawyer Luc Leclair, argue the only people who should be allowed to remain in the courtroom are the prosecutors, the judge and a court clerk.

They say it's necessary to guarantee a fair trial.

Magnotta has pleaded not guilty to a charge of first-degree murder in the slaying of Jun Lin last May. The preliminary hearing will determine whether there is enough evidence to send him to trial.

A handful of journalists were able to cram into a high-security room, with as many as 30 people in a spillover room in another part of the courthouse. Some media members lined up before the crack of dawn to get inside.

Those present at the courthouse included Daran Lin, the victim's father, who travelled from China.

A lawyer representing Lin's parents said he supports the media's fight to keep the hearing open.

Mark Bantey, a lawyer representing several media organizations, said the automatic publication ban that comes with a preliminary hearing "covers all the evidence (and) is more than sufficient to protect the rights of the accused to a fair trial."

Quebec court Judge Lori-Renee Weitzman is expected to rule on the matter Tuesday morning.

THE CANADIAN PRESS

Chase 'em down

Citizen's arrest now more flexible

New powers of citizen's arrest came into force Monday that give people more leeway. The law no longer requires a person to catch a suspect red-handed, but merely nab them within a reasonable amount of time.

THE CANADIAN PRESS

Filed as non-resident

Conrad Black denies owing tax on $5 million

Conrad Black is locking horns with the Canada Revenue Agency over taxes from 2002 that may see him paying taxes on more than $5 million in income and benefits.

The agency alleges Black held Canadian residency at this time and must pay taxes. At the time, he filed as a U.K. resident, which his lawyers hold is true.

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European Union

New cosmetics can't use animal-tested ingredients

The EU banned the sale of new cosmetic products containing ingredients tested on animals with immediate effect Monday.

"This is a great opportunity for Europe to set an example of responsible innovation in cosmetics without any compromise on consumer safety," said Tonio Borg, the EU's top official on health and consumer issues.

Animal rights groups were quick to cheer the measure, but trade body Cosmetics Europe said it "acts as a brake on innovation." THE ASSOCIATED PRESS

New York City

Judge strikes down sugary-drink rule

New York City's groundbreaking limit on the size of sugar-laden drinks has been struck down by a judge before it was set to take effect.

The restriction was supposed to start Tuesday. Manhattan state Supreme Court Justice Milton Tingling writes that loopholes "effectively defeat the stated purpose" of the rule. The rule prohibits selling non-diet soda and some other sugary beverages in containers bigger than 16 ounces. It applies at places ranging from pizzerias to sports stadiums, though not at supermarkets or convenience stores. THE ASSOCIATED PRESS

Market Minute

DOLLAR 97.43¢ (+0.26¢)

Natural gas: $3.65 US (+2¢)
Dow Jones: 14,447.29 (+50.22)

TSX 12,858.49 (+22.87)

OIL $92.06 US (+11¢)

GOLD $1,578 US (+$1.10)

House prices to stay flat for 10 years: TD

Real estate. Following decade of strong gains, report says it's time for a bit of payback

A new report from TD Bank predicts that the longer-term trend is for house prices to gain an average of about two per cent over the next 10 years, which is flat once inflation is taken into account. JUSTIN SULLIVAN/GETTY IMAGES

Canada's real estate bonanza of the past decade has come to end and the long-term trend as one of the most profitable places to invest is also not encouraging, a new research paper from TD Bank argues.

The "special report" from one of Canada's largest banks makes the case that gains in housing prices have been exceptionally strong over the last 10 years, even when accounting for a sharp drop during the 2008-09 recession. But now is the time for a bit of a payback.

The report does not predict a collapse in house prices as some analysts have suggested. In fact, it sees prices rebounding after a few years of a correction to as high as eight per cent.

However, the longer-term trend is for home price gains to average about two per cent over the next 10 years — flat once inflation is taken into account, says TD chief economist Craig Alexander.

"I do not think we have a housing bubble in Canada," said Alexander. "We have had abnormal strength in the market during a period of low interest rates and when rates go up over the next three years, you will get a cooling and weaker prices, but not a permanent shock and not a sharp correction." THE CANADIAN PRESS

Growth. OECD says Canada's economy isn't tops among G7

The Organization for Economic Co-operation and Development says Canada's economy is in a funk and may no longer be a leader among G7 industrialized nations in terms of growth.

The OECD's latest analysis of the global economy cites firming growth in the U.S. and Japan, as well as improving prospects for Germany. It says Canada's conditions point to continued growth but at a weak pace.

Ottawa has long boasted that Canada's growth was tops among the Group of Seven industrialized economies following the 2008-09 recession. But Canada's growth has been losing steam amid declining prices for key resource exports as well as a slower real estate market and other domestic factors.

A group of about a dozen Canadian economists advised Finance Minister Jim Flaherty last week to expect growth to remain below two per cent in 2013. THE CANADIAN PRESS

A funny thing happens when you tell kids they matter. They believe you.
An alarming 40,000 kids drop out of high school every year. Boys and Girls Clubs of Canada are committed to changing that. They provide a safe and supportive place where kids can develop confidence and life skills. They offer programs like Rogers Raising the Grade™ to help kids with their studies. The Club is a place where kids can drop in, so they're less likely to drop out.
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FACE IT: YOU LOVE YOURSELF

SHE SAYS

Jessica Napier
metronews.ca

Ever wonder why some couples click, while others malfunction like an old Xbox 360?

The answer might be staring you in the face.

We're hard-wired to seek out people whose features resemble our own thanks to the part of our brain — the fusiform gyrus region to be precise — devoted to facial recognition. We're put at ease by familiarity and inclined to trust someone with a face that reminds us of our own, so says Christina Bloom, founder of findyourfacemate.com, a dating site that pairs singles based on facial-recognition technology.

There's a certain kind of vain gratification that comes from looking at yourself in the mirror, so it's not that hard to believe that we'd want to replicate that pleasure when gazing at the person lying next to us in bed. We've all seen those doppelgänger couples whose resemblance is so uncanny they could be mistaken for brother and sister. And while the desire to partner up with someone who looks just like us might seem completely narcissistic, there are actually subconscious biological drives at work.

Bloom says there are a few competing scientific theories that explain why we're attracted to people who look like us. "Some theories relate to imprinting, some to trust and others to narcissism," says Bloom. "Scientists don't agree on exactly why it works, we only know for sure that it does."

Launched in 2011, Bloom's dating site is based on studies of positive assortative mating. Researchers took physical measurements of married couples — including cranial and facial features — and found significant correlations in more than half of the numbers.

The site uses a unique algorithm to analyze 67 different facial points and match up would-be couples.

"It is a very nuanced matrix with a primary focus on the outline of the face and the placement of features," says Bloom. It's not necessarily the size of your nose or the colour of your eyes that matters but how those facial features are arranged and overall face shape.

So what about those people who have a negative self-image? If someone thinks of themselves as unattractive, would they still be likely to fall for someone with similar facial features? Surprisingly, yes, they would.

"It's an unconscious phenomenon, it has nothing to do with how we feel about ourselves," says Bloom. "I have men tell me all the time that their partners are so much more attractive than they are (but) when I see them together, it's obvious how similar their facial features are."

At last, dating someone for their looks is no longer considered shallow, it's science.

We are innately narcissistic beings — wielding a subconscious tape measure to see if the length of a potential suitor's face measures up to our own.

Follow Jessica Napier on Twitter @MetroSheSays

ZOOM

Only One Direction to wax museum

MADAME TUSSAUDS/THE ASSOCIATED PRESS

Immortalizing a stylish boy band

Fans of Harry Styles and his bandmates at One Direction need not worry.

This scary-looking procedure was just to prepare models of the boys at the famous Madame Tussauds waxwork museum in London, England. Hundreds of precise measurements of the stars were taken over a four-month process, with the figurines to be unveiled in April.

Since 1835, Madame Tussauds has immortalized some of the world's biggest names, such as Queen Elizabeth II, who is now on her 23rd model. METRO WORLD NEWS

Whole ball of wax

"We've been to Madame Tussauds and seen the kind of people who are in there. It's crazy to think that we will be up there with them."

Harry Styles, 19, singer in One Direction

Whole lotta dough

$200,000

The cost of each wax model of the five band members. The boys are being produced by renowned sculptor Stephen Mansfield. They will be wearing "smart-casual" clothing and sitting on a school-style bench.

Clickbait

'Wacko birds' is the latest ammunition of the twittersphere. John McCain called senators Rand Paul and Ted Cruz as well as Rep. Justin Amash 'wacko birds' over their anti-drone statement. "It's always the wacko birds ... that get the media megaphone."

@WackoBird

The bio reads, 'hatched from the minds of RINO's, perched over Washington D.C.,' and tweets gems like 'Hey, just wondering... where's that media megaphone I was promised?' Not to be confused with @WackoBirds — also a parody.

Angry Birds

User-generated artwork portrays Paul and McCain in a battle parodying the popular video game Angry Birds — with Paul's head superimposed onto a bird about to ambush a group of drones while McCain looks on in anger.

Twitter

@metropicks asked: Do you have a famous celebrity in the family?

@Big_D_Blulion: Distant cousin to Hockey Great Bobby Orr

@lisambungay: J-Bru (Jason Bruce) babayy

@SusanLougheed: my Gt Grandfather, Goldie Prodger played for the St Pats & scored the winning goal the 1st yr the Habs won the Stanley Cup

@_unicorntears_ My partner's cousin is Noah Reid, star of 'Score: A Hockey Musical' and original voice of Franklin the Turtle.

@ILike42: Henry Ford (the car guy) great-grandfather's first cousin.

@GiovannaNicolai: Vittorio De Sica - Grandfather

@ole_dory_plug: My great uncle is Bobby Arvon, the singer of the theme to Happy Days in it's 11th season.

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DVD review

Life of Pi

Director. Ang Lee

Stars. Suraj Sharma, Irrfan Khan, Adil Hussain

With Life of Pi, Oscar-winning director Ang Lee has a simple goal. He wants us to accept as real a computer-generated Bengal tiger by the odd name of Richard Parker. The request is simple, the effect is extraordinary. Other things may seem in doubt in this delightful, rousing tale of a teen and a tiger on a Pacific Ocean adventure. Based on the Man Booker Prize-winning novel by Canada's Yann Martel, the film leaves its options open and hopes that our minds will be, too. You may or may not leave a viewing of Life of Pi with an enhanced appreciation of mankind's delicate relationship with animals and nature. Your belief (or disbelief) in an all-powerful deity may be confirmed or quashed. Your definition of "truth" may need revising. But the film's visual marvels are undeniable. Like the book, Life of Pi leaves us puzzling over what we've seen and heard. But never for a moment do we doubt the film's expressive storytelling, imagery and sense of wonder.

PETER HOWELL

Rise of the Guardians

Director. Peter Ramsey

Stars. Hugh Jackman, Alec Baldwin

Rise of the Guardians, in which childhood dreams unite to fight a terrible nightmare, seems destined to become not so much an instant Christmas classic as an eventual holiday cult film. Yet this directing debut by storyboard artist Peter Ramsey feels patchy, and too reliant on the "need to believe" hook it has brazenly lifted from Peter Pan. I suspect these objections will fade over time, similar to how The Polar Express gradually found an audience. PETER HOWELL

Lara Croft's makeover

Tomb Raider. Reboot of classic video game franchise sees its heroine morph from bombshell to the tough girl next door

ROMINA MCGUINNESS
Metro World News in London

Indiana Jones with big boobs: That summed up the basic appeal of Tomb Raider, the best-selling video game franchise that launched in 1996. The reboot, out now, has a less-busty Lara Croft. Why the change?

"What we start with, anytime you create a character, is their biography," Brian Horton, senior art director of Tomb Raider at Crystal Dynamics, tells Metro. "We knew Lara was this kick butt hero, but we felt she'd become more of an icon and less of a human. People didn't have much affinity for her. So our challenge was to come up with a concept that was relatable but at the same time, felt iconic."

Survival is the main theme here, something that allowed the game developers to revisit Crofts' origin story. "We made it so that she wasn't necessarily focused on being the sheltered aristocratic girl," says Horton.

"She's 21 and just out of university. She still has famous archaeologist parents but there was a point where she just stuck out on her own. Whatever comes at her, she's going to do what it takes to get through it."

Horton talks us through Lara Croft's makeover.

The new Lara Croft is more "humanized" with an athletic build. HANDOUT

How did the game developers go about handling Lara's makeover?
After we knew who she was, we went through a series of drawings, about 60 in total. The first step was to humanize her. In terms of her proportions, she wasn't as much of a bombshell. We kept some of the signature components: the ponytail, the brown eyes and the full M-shaped lips, but we made it much more realistic in its treatment.

Was it all based on these drawings? Or did you use a real life model?
We used one girl for her face and one for her body. We wanted someone normal, not a pin up. We chose models that had body fat to them; that weren't super skinny. The body model is actually a stuntwoman with a really proportional, athletic physique.

At what point were you like: "We nailed it! We have the new Lara."
Once we have our concept and our model, it comes down to the way she performs in the world. When she's hurt, she'll clutch her side. When she's in a claustrophobic cage, she'll touch the walls. Adding Camilla Luddington (the British actress who did the voice and performance capture for the cinematics) to bring her to life was a huge part of the equation. That's where the believability came in. And even though she wasn't the model that inspired the look of it, when you look at Lara Croft on screen, there's a lot of Camilla in her.

The "old" Lara Croft is famous for her bust. The same can't be said of this version. What did you take her bra size down to?
I don't even know. It's not something I even think about. Before, there was so much emphasis on what her bra size was ... We never understood the fascination.

Fans will have noticed she's no longer wearing hot pants...
We wanted it to feel as practical as possible. Her clothes are much more down to earth: cargo pants, adventure boots and a dual tank top. It still feels like her. Just without the shorts, of course.

Camilla Luddington did the voice and performance capture for the video game. GETTY IMAGES

The old Lara Croft was a busty, booty-short-clad adventurer. HANDOUT

How realistic are the moves in the game? Are they stunts her body double could have done?
There's a little bit of exaggeration, but the hope was always to make it feel realistic. She performs a lot of moves that most people probably don't do on a daily basis, but that's a sort of hero aspiration. She's on her journey to becoming the Tomb Raider. We had to make sure it wasn't so real we lost the fun factor.

Did you get any input from fitness experts when developing her physical abilities?
Because she's not trained, we didn't want her to have that extra sense of expertise. The moves feel scrappy. But she's very resourceful. For instance, she has this move where she grabs dirt and throws it in someone's face. It's much more about doing whatever it takes to get the job done.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

What is going on at The View?

THE WORD
scene@metronews.ca
Meredith Engel

Readers, important question: do any of you even watch The View? Maybe I'm mistaking this squawkfest of an hour with The Chew, or maybe even The Talk.

Regardless, I must say I was a teensy bit surprised when Joy Behar announced her resignation from the ABC morning show last week — homegirl's been there since the beginning. And then, like your little sister who just couldn't stand it when you got all the attention, Elisabeth Hassel-a-hack came out and was like, "Oh yeah? Well I'm leaving too! Hmph!" In the corner, Joy Behar cried out "No fair!" to no one in particular. But it was too late. Our interest had been piqued. No longer was this a story about replacing Behar, a middle-aged woman whose voice reminds me of Gilbert Gottfried on a good day. No, now, it's about beautiful, blonde, conservative Elisabeth, too. Marsha, Marsha, Marsha!

So who should fill each lady's seat at the table? For Elisabeth, I nominate Ann Coulter: a healthy dose of conservative energy draped in a long blonde wig. For Behar, how about a cockatoo? Would probably be just as entertaining, and the hairstylist would still get to keep his job.

Post-Oscar season has been good for the soul

While OK! Magazine claims the stress of awards season may be causing tension between Ben Affleck and wife Jennifer Garner, the Argo director says life post-Oscars has been a great time for them. "I've been able to really just enjoy my good fortune in the last couple of weeks and sit back and kind of just take it in and not do anything, just eat ice cream on the couch," Affleck says, according to E! News. "It's been a really nice time to hang out with my wife and that sort of thing, so we're just enjoying it."

Ben Affleck

Justin Bieber

Pop goes their world: Bieber cancels concert in Portugal

Following a tumultuous week in London, Justin Bieber headed to Portugal already offering up bad news for fans hoping to see him tonight. "Due to unforeseen circumstances, Justin Bieber was forced to cancel the second (concert) in Portugal on 12 March," local promoter Everything is New announced, though his concert last night remained scheduled as planned. "Holders of tickets valid for 12 March should contact the respective place of purchase to receive a refund."

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Dillon Casey knows all about physical roles. The Oakville, Ont., native plays Navy SEAL Sean Pierce on the TV series Nikita. He also played rookie hockey player Trevor Lamonde in the CBC show MVP and recently filmed a mixed martial arts movie called Only I. But he's perhaps best known for playing Erica's first boyfriend, Ryan, on the CBC series Being Erica. Metro asked Casey to give us a look into his workout routine. **METRO**

Get ripped like a Navy SEAL

I play a Navy SEAL on Nikita and these guys are all about functionality. The muscular Schwarzenegger types could never make it through the training I do — it's just too much wasted energy for your body to fuel all that extra weight.

These exercises will give you a useful body. You'll be a workhorse with great muscular endurance and explosive power.

Limit your rest periods — I like to do each exercise for a minute, with maybe a 15-second break in between. You probably won't be able to do that right away, but it's a good goal to have in mind.

Also, listen to your body. This type of workout can lead to overtraining, so if you're feeling lethargic for two or three days in a row, switch it up. Give your heart a break: this is a good time to grab the heavy weights and surprise your body with some "classical" weight training.

Keep changing it up. Keep your body guessing. Keep it interesting and you'll keep coming back for more.

Actor Dillon Casey stays in shape with these five exercises. DAVID LEYES / CONTRIBUTED

Bodybuilders

Grab a set of dumbbells and, holding onto them, position yourself at the top of a push-up. Do a full push-up, then kick your feet to your hands. Stand straight up, keeping your back straight and lifting with your legs. You'll be in the perfect position to do a curl, so do one. Then press the weights up so your palms are facing forward and the inside of the dumbbells are in line with the tops of your shoulders. Keeping your weight on your heels, do a full squat. At the top of the squat do a military press (pushing the weights over your head and lowering them back down). Then lower the weights back down until they're on the ground and kick your legs back behind you until you're at the top of a pushup.

Mountain climbers

Again you start at the top of a push-up. Keeping your hands on the ground, bring your right leg forward so you look like a sprinter about to start a race. Switch your left leg with your right — do it as fast as you can for a minute (you'll look like you're basically running on the spot with your hands on the ground). This exercise is great cardio and it blasts your calves, shoulders and triceps. And it's a killer ab workout.

Dumbbell punches

This one sounds easy, but it'll kill you. Grab a set of dumbbells. Stand with your feet a bit wider than shoulder width (or into a comfortable fighting position, like a boxer). Lean back slightly, get your hands into boxer-ready position and start punching up at 45 degrees. Do it for a minute. If you need to stop ($20 says you will), instead of resting quickly grab lighter weights and keep going. This is good for the heart and will rip your shoulders. And if you ever need to punch somebody in the face, your arms will feel like sledgehammers. Do it for a minute, no rest. Next!

Lunge with a twist

Grab a medicine ball. Lunge with your right leg. Keep your back straight and twist to the right. Back to starting position. Lunge again with your right leg and twist to the left. Repeat with the left leg. As a plyometric variation, start in a lunge position, right leg forward, body twisted to the right, quickly jump and switch your feet, twisting in the process. Try to do it for a minute. If you can't finish, lose the medicine ball and keep going. Guys, this will give you a hockey player's ass and cut-up quads (ladies, this one will give you those perfect sexy summer legs that I like). It's also a great calorie burner. I love this one since it keeps me quick on my toes and gives me strong, responsive legs and feet for my fighting and action scenes.

Inverted rows

Can't forget the back. It's not all about "mirror muscles" — you're not strong if you don't have a strong back. So grab some dumbbells, bend your knees slightly and lean forward, keeping your back straight and the weights hanging naturally out in front of you. Pull the weights back as far as you can — you should feel like you're pinching your shoulder blades together. Hold for a second, then slowly lower back down. This will work most of your upper back. Secondary muscles at work are your biceps and shoulders. Do it for a minute. Careful to keep your knees bent throughout so you don't put too much stress on your lower back.

Switch it up

Beating boredom

My workouts have become all about maintaining interest. After hitting the gym for 14 years straight it starts to get old. I can't really do the same workout for more than a month now without getting bored, so I've learned to adapt and change it as I go.

I start with 30 to 45 minutes of cardio, but try to keep my body guessing with different variations. I'll sometimes do an HIIT workout on the treadmill with some interval training — the issue here is making sure I give myself enough time to recover.

With these intense cardio workouts, you have to be careful or you'll fall into overtraining without even realizing it. It's all about listening to your body and setting aside your ego and compulsion to hit the gym for just "one more quick workout." Rest is good!

After cardio I'll do a five-minute ab circuit. I've been setting up a "round timer" on my iPhone. I'll do five different ab exercises at a minute each with little rest in between (10 seconds max): bicycle crunches, flutter kicks, scissor kicks, the ab roller and drop elbows (look this one up — it's a grind).

From the sea to your oven

ROSE REISMAN
for more, visit
rosereisman.com

This Roasted Seafood over Linguini with Lemon Olive Oil tastes heavenly, presents beautifully and is quick to prepare. Feel free to substitute the seafood of your choice. Buy cleaned squid and use tentacles if desired. For some extra spice sprinkle with dried chili flakes. To boost your fibre, try whole grain pasta.

This recipe serves four. BRIAN MACDONALD, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

Ingredients

- 12 oz raw shrimp, peeled and deveined (tail left on)
- 8 oz cleaned squid cut into rings
- 12 mussels, scrubbed
- 8 oz dry linguini
- 2 tsp vegetable oil
- 1 cup thinly sliced red onion
- 1/2 cup thinly sliced red bell pepper
- 1/2 cup thinly sliced zucchini
- 3 tbsp olive oil
- 3 tbsp lemon juice
- 2 tsp crushed fresh garlic
- 1 tsp hot chili sauce
- 1/3 cup chopped cilantro
- pinch salt and black pepper

1. Preheat the oven to 425 F. Line a baking sheet with foil and spray with cooking oil.

2. Place the shrimp, squid and mussels on the prepared baking sheet. Roast for 8 minutes, or until the mussels open. Remove from the oven and keep covered.

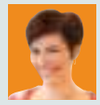
3. While seafood roasts, cook linguini in boiling water until al dente, 8 minutes. Drain, reserving 2 tbsp of the pasta water for the sauce. Set aside.

4. While the pasta cooks, spray a large non-stick skillet with cooking oil, add the vegetable oil and place over medium heat. Add the onion, bell pepper and zucchini; stir-fry for 4 minutes, just until the vegetables begin to soften. Add the seafood, pasta, reserved pasta water, olive oil, lemon juice, garlic, chili sauce, cilantro, salt and pepper. Toss well and serve.

ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN

Health Solutions

Cabbage patch cunning



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Gather round bunnies, Mr. McGregor is going to hate you more now that you will be nibbling on his cabbage patch. Cabbage is a cheap, long storing, plentiful and simple-to-prepare vegetable that is sadly under-used. It contains plenty of cancer fighting phytonutrients, fibre, vitamins and minerals and just a hint of calories.

• Honour the Irish this St. Patrick's Day by boiling some white chopped cabbage along with the potatoes before you mash. Colcannon is a traditional dish that has much more to offer than meets the eye.

• Make good use of sauerkraut that contains fermented cabbage. It is great with sausage, yes, but just as good used in a side dish of pancakes. Stir some sauerkraut into pancake mix and fry; serve with sour cream like blintzes.

• Pan fry a couple slices of bacon and add sliced cabbage to the pan. Stir to cook through and brown and serve as a vegetable side dish with grilled meats or fish.

Small heads of white cabbage work for any of these ideas, but don't forget that nappa cabbage and red cabbage have the same delicious benefits.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

This leg of goat is well worth the hunt

We must address the issue of goat. Plenty of people think it's a little sketchy.

But when properly prepared it is crazy delicious, akin to the best dark meat turkey you'll ever taste. You probably won't find it at most mainstream grocers; farmers markets or ethnic markets are where to go to hunt down this dinner.

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 3 large carrots, cut into 2-inch lengths
- 1 medium yellow onion, roughly chopped
- 2 large sprigs fresh rosemary, leaves only
- 4 cloves garlic, chopped
- 1 tsp dried thyme
- 1 tsp fennel seeds
- 1 tsp cumin seeds
- 1 tsp kosher salt
- 1 tsp black peppercorns
- 1/2 tsp smoked paprika
- 1/2 tsp ground dried sage
- 1/2 tsp ground coriander
- 1/4 tsp ground cloves
- 2 tbsp olive oil
- 2 1/4-lb bone-in goat leg
- 2 1/2 cups white wine

1. Heat the oven to 425 F. Arrange the carrots and onion in a Dutch oven.

2. In a mini processor or spice grinder, combine the rosemary, garlic, thyme, fennel, cumin, salt, peppercorns, paprika, sage, coriander and cloves. Grind until a coarse paste forms, then transfer to a small bowl. Add the olive oil and mix to form a loose paste. Set aside.

3. Use a knife to trim away any fat on the exterior of the meat. Rub the oil-and-spice blend thoroughly over the meat, massaging it into any splits or separations. Set the meat on top of the carrots and onions in the pot. Pour the wine into the pot (not over the goat, which would wash away the seasoning rub).

4. Set in oven and cook 30 minutes. Reduce the heat to 300 F, then cook for another 3 1/2 hours, or until meat falls away from bone. THE ASSOCIATED PRESS

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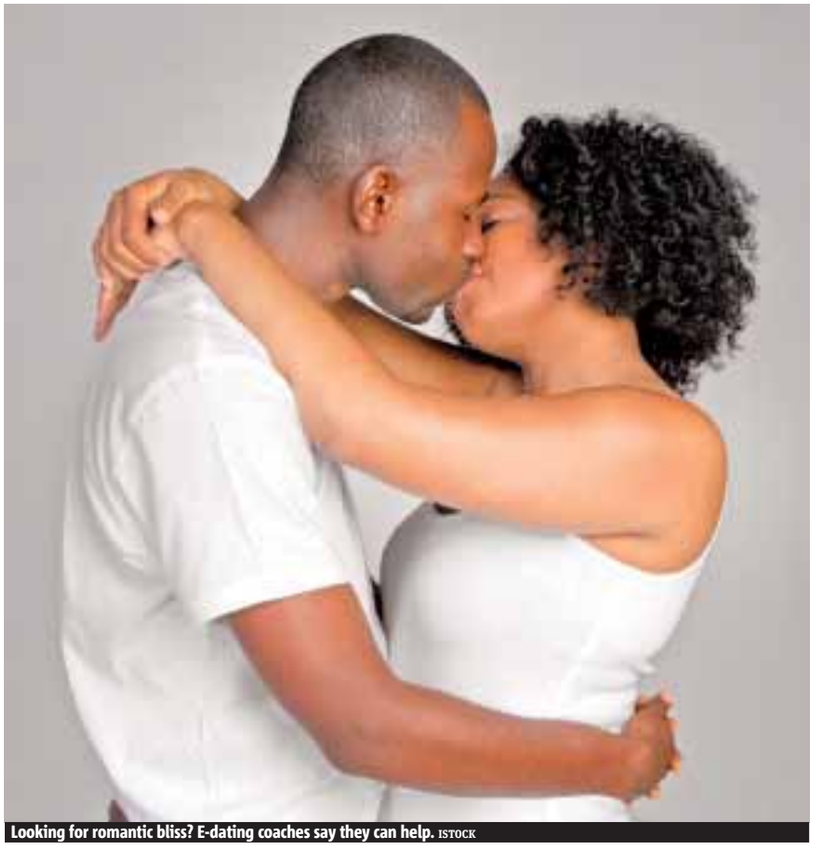

Looking for romantic bliss? E-dating coaches say they can help. ISTOCK

The course of true love never did run smooth, but would an e-coach help?

Calling in the pros.
Internet dating consultant likens his service to that of a personal trainer

NATALIE SHURE
Metro World News in NYC

Online dating is a reality of the love game, whether you're just looking around or on a serious quest for a lifelong partner.

Sites like OkCupid, Match.com and eHarmony try to make finding someone simple, but they can be disappointing and frustrating.

Now, one solution to the e-dating conundrum is gaining traction — consultants. These pros help clients strategize and punch up their profiles to stand out in the competitive world of digitalized courtship.

"Most people are not very good at online dating," says Evan Marc Katz, dating coach and founder of the e-dating consulting service eCyrano.

"It's like the gym. You don't lose weight by signing up for the gym. That's why people hire personal trainers — to show them how to use the equipment."

eCyrano rewrites clients' profiles based on a lengthy questionnaire and detailed phone call.

Katz, who dated online for 10 years before meeting his wife offline at a party, says his team of freelance writers promise profiles that are more authentic than what most users write for themselves.

He contends that the majority of online-dating fumbles involve unrealistic expectations.

"Online dating gives people the illusion of choice, not actual choice."

It might seem shallow but ...

- Companies like New York Image Consultant offer services that include hairstyling and makeup for photos in a range of outfits and poses, plus Photoshopping.
- Consultant Amanda Sanders puts it bluntly: "The reality is, they choose your picture over someone else's because it captures their eye. The text isn't as important as the visual aspect."

Five tax myths that can cost you time, trouble and money

Not true!
Falling for these five financial fallacies can get you into quite the pickle when it comes time for the taxman to go over your paperwork

YOUR MONEY
Alison Griffiths
money@metronews.ca

For the past few years H&R Block has been puncturing tax myths gleaned from their free online Q&A service.

It's one of my favourite topics at this time of year. The persistence of these myths is downright amazing.

If you believe them they'll cost you time, trouble and money.

By the numbers

$1,500

Average amount of extra taxes restaurant workers in St. Catharines were required to pay after they were targeted by Revenue Canada

Here are five of the most common:

1. Maternity leave and EI income is not taxable.

Income is income and the government always wants its pound of flesh!

Be warned, in both cases; Service Canada withholds at less than the lowest marginal tax rate.

Depending on tax credits, you may have tax owing at the end of the year.

2. RRSP contributions don't have to be reported if the deduction isn't claimed.

Even if you aren't claiming a deduction for the contributions, you are still required to record the fact that you made them.

"If you don't claim a deduction in the year it was made, you will have to file for a readjustment, which can be a pain," warns Cleo Hamel, senior tax analyst at H&R Block Canada.

3. Tips are not considered income.

This is an enduring tax myth.

Anyone earning tips in any industry is required to report the amount.

For servers, tips may be as much as 100 to 400 per cent of their income, depending on the restaurant.

"I recommend that those in the industry set aside 20 per cent of all their tips for tax purposes," notes Cleo Hamel.

In 2011 Revenue Canada targeted restaurant workers in St. Catharines, Ont.

The average additional tax tab was $1,500.

4. Students get refunds on their tuition.

In order to get a refund, you need to have overpaid tax during the year.

If a student does not have taxable income, they cannot use their tuition and education credits on their return.

Note: Students can transfer up to $5,000 annually to a parent, grandparent or spouse or they can carry forward credits to use in future years.

However, tuition must be recorded on the return in the year it is paid.

5. Mothers are required to claim the child tax credit.

The lower income spouse, mother or father, must claim childcare expenses.

Either parent can claim the child tax credit, the fitness or art credit or the child amount.

FOR FAQS AND A TAX BLOG GO TO HRB TAXTALK.CA.

Contact Alison at griffiths.alison@gmail.com or alisongriffiths.ca

Don't be like this guy and give yourself a headache come tax time for believing tax myths. ISTOCK

YOUR ANSWERS FOR EXAM PREP

It's almost that time of year that all students dread — exam time. The time of year where students go into hiding, cramming and stressing for those final exams that are just around the corner.

Take the pressure off this year and prepare for those exams and final projects a bit earlier and save yourself the headache.

The first and most important tip for preparing for an exam, or even exam season, is to make sure you get plenty of rest. If students are not resting properly, they lose the ability to focus on the task at hand.

There is nothing worse than going over material a thousand times, but not being able to fully take it in because you are too tired to comprehend it. A shorter amount of study time where you are completely focused is always better than double that time where you are only partially focused.

Next, start preparing early. Don't leave the exam preparation to the last minute. By reviewing course material right after the class or at the end of each day, you may be able to retain the information better.

ISTOCKPHOTO/THINKSTOCK

Third, set realistic study goals.

By breaking up course materials into smaller study sections, getting through the material will seem more achievable and less likely to cause you exam stress.

Next, get comfortable. Find an environment where you are free of distraction and can work comfortably.

Also, get some exercise. Getting out of the house or place of study and getting some form of exercise will help refocus your energy for when you get back to the books. Exercise may also help you feel more tired at the end of the day and may lead to a better sleep.

Finally, take good care of yourself. With proper rest, exercise and also diet, avoid illness or stress-related issues by making sure you are in your best mental and physical state when entering into exam season.

Just like a top athlete, top students need to train and prepare to reach that finish line successfully. *– Candice Ward*

HANDS-ON LEARNING

MH VICARS SCHOOL OF MASSAGE THERAPY

Going back to school as an adult can be daunting, and not just because it means a return to teachers, textbooks and notes.

For mature students, training for a new career also means having to fit school into a schedule that's already packed with work and family responsibilities.

For more than 10 years, MH Vicars School of Massage Therapy has been helping mature students transition to a more satisfying career without having to give up their current lives.

Its independent learning approach — which blends in-class instruction with directed home study — allows students to balance full-time school with full-time life.

"The old model of being in class Monday to Friday just doesn't work for many adults," says Roberta Brosseau, executive director.

MH VICARS SCHOOL OF MASSAGE THERAPY PHOTO

"Independent learning is a flexible and affordable way for our students to begin a new career without putting their life on hold."

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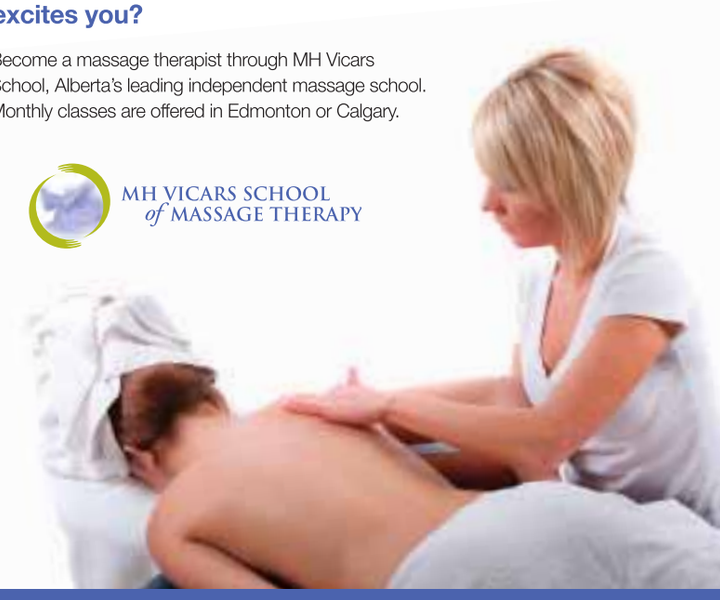

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Ravens scrap Super Bowl allegiances, trade Boldin

NFL. Star wide receiver sent to 49ers just five weeks after competing against them in big game with Baltimore

Here's a Super Bowl twist: A guy who helped Baltimore beat San Francisco for the NFL title is now poised to join the 49ers.

San Francisco acquired wide receiver Anquan Boldin from the Ravens for a sixth-round draft pick Monday. Boldin, a star in Baltimore's run to the world championship last season, must pass a physical to complete the deal.

The Ravens announced the trade Monday, prompting a disappointed response from quarterback Joe Flacco.

"Anquan was a great receiver for myself and for our football team," said Flacco, who signed a six-year, $120.6 million deal with the Ravens last week. "It's sad to see a guy like that go, but at the same time you want what's best for him and you just wish him the best of luck.

"Anquan was a big part of this football team, a big part of this offence. He's one of the many reasons we won the Super Bowl this year."

Boldin had six catches for 104 yards and a touchdown in the Ravens' 34-31 Super Bowl victory over the 49ers. Boldin also had five receptions for 60 yards and two scores against New England in the AFC title game. THE ASSOCIATED PRESS

Anquan Boldin makes a touchdown catch for the Baltimore Ravens against the San Francisco 49ers in the Super Bowl Feb. 3. Boldin was traded to the 49ers on Monday. JAMIE SQUIRE/GETTY IMAGES FILE

Sens in tough against Bruins

Eric Gryba of the Senators, left, fights for possession of the puck with Boston Bruins centre Patrice Bergeron at Scotiabank Place on Monday night in Ottawa. The Bruins won 3-2 in a shootout.

JANA CHYTILOVA/FREESTYLE PHOTOGRAPHY/GETTY IMAGES

Soccer. Canada advances to Cyprus Cup final

Christine Sinclair scored the game's only goal and Canada advanced to the final of the 2013 Cyprus Women's Cup with a 1-0 win over the Netherlands on Monday.

Canada finished in top spot of Group B with a 3-0 record.

Sinclair scored her 145th career international goal in the 42nd minute.

Canada will now move on to face England.

THE CANADIAN PRESS

Christine Sinclair

THE CANADIAN PRESS FILE

NBA

Irving facing more time on sideline

Kyrie Irving's dazzling skills as a point guard are undeniable.

His durability is debatable.

Irving could miss the next month — and maybe the rest of this season — with a sprained left shoulder, the latest injury to sideline the Cavaliers' all-star guard who has missed 29 games in his first two NBA seasons with injuries.

THE ASSOCIATED PRESS

Base-brawl. Fracas causes concern in Japan

The brawl between Canadian and Mexican players at the World Baseball Classic has caused concern in Japan, where bunting is a big part of the game.

The brawl began in the ninth inning Saturday when Rene Tosoni was hit by a pitch from Mexico's Arnold Leon after Canada's Chris Robinson reached on a bunt single with his team leading 9-3.

The Mexicans considered it a violation of baseball's unwritten rule that you don't run up the score late in a game by bunting to get on base. In Japan, players steal bases and bunt late in games regardless of the score because it's considered fundamentally sound.

THE ASSOCIATED PRESS

Defending champs

Japan is the defending champion of the WBC.

Horoscopes

♈ Aries
March 21 - April 20
Do something out of the ordinary today, something shocking. With Mars, your ruling planet, moving into your birth sign you don't care who you astonish. You only care that you get noticed.

♉ Taurus
April 21 - May 21
Honesty may not always be the best policy, as you will discover today. If someone asks what you think of something you will tell them, only to find they did not want the truth, they wanted flattery.

♊ Gemini
May 22 - June 21
You need to follow up on an idea. If you don't, you could find that someone else has beaten you to it and you won't be happy. Don't worry that it's not perfect yet, just start.

♋ Cancer
June 22 - July 23
Someone you may not have been on good terms with lately will offer you good advice. Don't be too proud to take it. There is no point in trying to force through changes that are not going to work.

♌ Leo
July 24 - Aug. 23
Whatever you say and whatever you do over the next 24 hours, you must act on the assumption that you are being watched by people in positions of power. Make sure you put on your best front.

♍ Virgo
Aug. 24 - Sept. 23
Social activities will bring a lot of pleasure today and if you don't make any new friends it can only be because your old friends refuse to share you with the rest of the world. It's nice to be popular.

♎ Libra
Sept. 24 - Oct. 23
Just because you can't see the path you should be taking does not mean you should give up. Trust your instincts and let them guide you. They are linked to a higher power that knows what you need.

♏ Scorpio
Oct. 24 - Nov. 22
Try to be constructive in your criticism, even though you may have to look hard to find something positive to say about a colleague who has done something silly.

♐ Sagittarius
Nov. 23 - Dec. 21
You may be eager to get started on something that has fired your imagination but make sure you've done your homework before you commit yourself. It won't only cost you time but money as well.

♑ Capricorn
Dec. 22 - Jan. 20
Don't make too many plans. Conditions are changing fast and you will need to stay flexible if you are going to make the most of approaching upheavals. You have everything to look forward to.

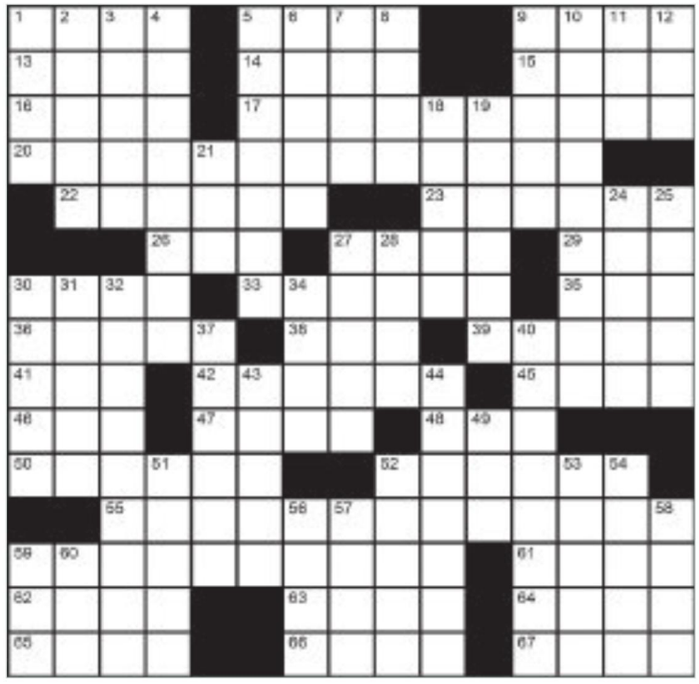
♒ Aquarius
Jan. 21 - Feb. 19
You may have to push yourself to complete certain tasks but it will be an effort worth making. People in positions of authority will be impressed by your sense of duty.

♓ Pisces
Feb. 20 - March 20
If you desire something strongly enough you will find a way to get it, though it may not arrive in quite the way you intended! Be flexible and be ready to receive what the universe wants to give you.

SALLY BROMPTON

Crossword: Canada Across and Down

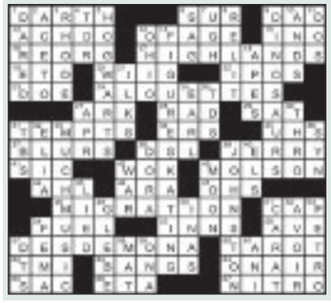
BY KELLY ANN BUCHANAN



Across
1. Hoodwink
5. Taxis
9. Bit of Beatles: "I __ _ film today, oh boy..."
13. Walk worriedly
14. One of Esau's biblical wives
15. "South Park" co-creator Mr. Parker
16. Celebes buffalo
17. Singer/songwriter Alanis
20. "Girl With a Problem" band from Saskatoon, The __ __
22. Prevail
23. __ Beach, South Carolina
26. 'Angel' add-on (Brad's love)
27. Take a seat tiredly, __ down
29. 'Event' suffix
30. "Smooth Operator" singer
33. Sacred place
35. Turkey
36. Some speeds
38. '_' __ for Ottawa
39. Church topper
41. Ms. Zellweger, for short
42. __-__ garage
45. Bellowing
46. "Was that _ __?"
47. Drove
48. Prefix with 'dermis'
50. Guard
52. Buys
55. PEI to New Brunswick link, __ Bridge
59. Acadian heroine in Longfellow's epic poem
61. Corn lily
62. Balmy
63. Fewer
64. Naughts
65. Christian of 'Batman' movies
66. Commotions
67. Liza Minnelli's ex-husband DavidT

Down
1. Traverse
2. Adventurer's watercraft
3. Squirrel's prize
4. Non-vegan fare: 2 wds.
5. Picture takers
6. Love lots
7. Farm building
8. Transport
9. Ranch animal
10. Creator's cocoon: 2 wds.
11. Soaked
12. Sailor's 'yes'
18. Mr. Cowell
19. Communicates via the Internet this way
21. Attila the __
24. Sweets shop, __ Secord
25. Respected person
27. "The __ Is Right"
28. Sister on "The Simpsons"
30. Guitar attachment
31. Rogers __ (Home of the Vancouver Canucks)
32. Telemarketer's foe, National __ List: 3 wds.
34. Thug
37. Powerful
40. At the photocopier
43. Montcalm's 1759 Battle of Quebec opponent
44. Hold back
49. Soup sort
51. La __ (Montreal amusement park)
52. Prefix to 'dyne' (Toothpaste brand)
53. Country music's __ Chicks
54. Dirties
56. 'Cinder' add-on (Fairytale fave)
57. Went out, as a fire
58. Magazine publisher, Conde __
59. Ambassador's abbr. abode
60. Canadian choo-choo company

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

4		2		5		7	3	
	8	6						
			4					2
9		8	1					
3			9		5			7
					6	8		4
5					9			
						3	2	
	1	9		3		6		5

Yesterday's Sudoku

1	5	2	8	9	3	4	6	7
7	8	9	4	6	5	1	3	2
3	6	4	1	2	7	8	5	9
2	4	5	6	1	9	3	7	8
6	7	8	3	4	2	9	1	5
9	3	1	5	7	8	2	4	6
8	1	7	2	3	6	5	9	4
4	2	6	9	5	1	7	8	3
5	9	3	7	8	4	6	2	1

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